Created by the British Columbia Provincial Professional Practice Stream - Wound Ostomy Continence

island health





* northern health







Product Information Sheet

Inadine		
Classification	Antimicrobial Agent: Iodine – Povidone Impregnated	
Key Points	 Non-adherent viscose sheet impregnated with a polyethylene glycol base containing 10% povidone iodine (equivalent to 1% available iodine). Provides protection to wound bed by minimizing adherence of secondary dressing. Provides an antiseptic effect. A primary dressing requiring a secondary dressing. 	
Indications	 Shallow wounds (less than 1 cm depth). Maintenance / non-healing wounds. Treatment of wounds with signs and symptoms of local infection. See <u>Wound Infection Quick</u> <u>Reference Guide</u> or QR Code below. In combination with systemic antibiotics, to treat wounds with signs and symptoms of spreading infection or systemic infection. Prophylactically to prevent infection in clients at high risk for developing a wound infection. Suitable for use in adults and children. 	
Precautions	 Neonates and infants to the age of 6 months as povidone iodine may be absorbed through unbroken skin Make Physician/NP aware of Inadine usage for clients: Taking lithium as Inadine may increase the possibility of hypothyroidism when used in combination with lithium. Blood work should be monitored on a regular basis. With renal impairment, as poor renal function is thought to be a factor in increased iodine levels in serum and urine with prolonged use and use in large wounds. With thyroid disorders as they are more susceptible to thyroid metabolism changes in long-term therapy. Thyroid function should be monitored if large areas are being treated for a prolonged period of time. 	
Contraindications	 Sensitivity or allergy to iodine or other components of dressing. Do not use in wounds with depth (more than 1 cm), undermining or sinus tracts. Pregnant or breast-feeding individuals. Duhring's herpetiform dermatitis (a specific skin disease). 	
Formats & Sizes	 Sheet 5 x 5 cm 9.5 x 9.5 cm 	

Directions	Rationale / Key Points
Selection	
Select size of Inadine that is slightly larger than wound. If	Easier to cut with one or two backing papers in place.
necessary, Inadine can be cut or folded to fit wound bed.	The choice of secondary dressing is dependent on the
Choose appropriate secondary dressing.	amount of wound exudate expected and the frequency
	of dressing change.
Preparation	
Cleanse wound and periwound / surrounding skin with sterile normal saline or agency approved wound cleanser.	See <u>Wound Cleansing Procedure</u> or QR Code below.
Dry periwound / surrounding skin.	To protect periwound skin from moisture associated skin
If required and appropriate for cover dressing, apply barrier	damage and medical adhesive related skin injury. Barrier
film to periwound skin. Refer to Product Information Sheet for cover dressing to determine if barrier film is appropriate.	film may interfere with the function of some cover dressings, (e.g., some silicone dressings).

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Application			
Remove one backing paper. Peel dressing off of remaining	Do not apply to wound with backing paper in place.		
backing paper.			
For wounds with minimal depth (less than 1 cm): cover wound	Applying more than one layer may block exudate from		
bed with single layer of Inadine.	going up to the secondary dressing causing periwound		
	maceration.		
Apply secondary dressing.	Do not use in wounds with depth (more than 1 cm),		
	undermining or sinus tracts.		
Removal			
Consider using adhesive remover to assist with removal of	To decrease the risk of medical adhesive related skin		
secondary dressing.	injury (MARSI).		
Gently lift the edge of the secondary dressing and remove.			
	Removal may be helped by gentle stretching of dressing		
Gently lift the edge of Inadine and remove from wound bed.	at diagonally opposite corners.		
Frequency of Dressing Change			
Can be left in place up to 7 days and may be changed up to	Dressing change frequency depends on amount of		
twice a day.	exudate.		
The dressing changes colour from orange to white as the	When Inadine turns white this indicates loss of antiseptic		
Povidone lodine is used up.	efficacy.		
Newly applied Should be changed			
Expected Outcomes			
Wound infection resolved in 14 days.			
If using prophylactically, no wound infection develops.			
	If product does not perform as expected notify		
Inadine and secondary dressing do not adhere to wound bed.	NSWOC/Wound Clinician and consider submitting a		
Product performs as expected.	Supply Chain Product Concern Form.		
QR Codes			
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Wound Packing Wound Cleansing Wound Infection			
For further information please cont	tact: NSWOC/Wound Clinician		