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Provincial Health

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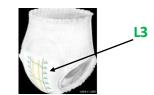
Skin and Wound Product Information Sheet

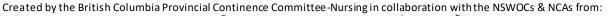
| ABENA Pants | | | | | | |
|---|---|--|--|---|---|--|
| Classification | Continence Containment: Pull-up Brief | | | | | |
| Key Points | A pant-styled pull-up brief designed with a stay-dry top inside layer, a super absorbent polymer (SAP) middle core and a fully breathable outside sheet. The SAP core allows the brief to remain breathable in the presence of urine. May be used for light fecal incontinence; fecal matter is contained but not a bsorbed into the SAP core. The absorbent core has an odour system to minimize urine and fecal smell. | | | | | |
| Indications | To be used in conjunction with skin protectants as per the <u>British Columbia Adult Skin Care Protocol</u>: For mobile clients who have light to heavy urinary leakage related to overactive bladder, stress incontinence, and mixed incontinence. For mobile clients who have light fecal loss (containment only). For clients who are undergoing toileting retraining. For clients who use a protective pad/pant system during the day but need a higher level of containment overnight. | | | | | |
| Precautions | The pull-up brief must be changed before the entire length of the two yellow Wetness Indicator lines turn blue as this indicates the pad is reaching its saturation point. The pull-up brief needs to be change as soon as possible after a bowel movement as the brief only contains solid stool, it does not absorb fecal matter. With each pull-up brief change, ensure that the perineal/buttock skin is cleansed and checked for signs of Incontinence Associated Dermatitis (IAD); reddened/darkened skin with or without skin breakdown. | | | | | |
| Contraindications | Do not double-pad the brief with a pad. Pads are not designed to allow excess urine to flow into the brief beneath. The extra layer can contribute to heat and humidity within the pad and leading to IAD and/or pressure leading to a sacral-coccyx Pressure Injury. Do not apply the skin protectant to the pad itself. | | | | | |
| Format & Sizes | Level | Code | Hip Measurement | Absorbency | | |
| | Level 0 | | cm | drops/ml | | |
| Drop Rate (how much urine a pad can hold): 1 drop to 9 drops 1-5 drops Light-moderate void 6-8 drops Heavy void | Light Level 1 Moderate Level 2 Heavy Overnight Level 3 Ultra Heavy Overnight | M0 L0 XS1 S1 L1 XL1 S2 M2 L2 XL2 XL2 M3 L3 XL3 XL3 XXL1 | 80 - 110cm 100 - 140cm 45 - 70cm 60 - 90cm 80 - 110cm 100 - 140cm 130 - 170cm 60 - 90cm 80 - 110cm 100 - 140cm 130 - 170cm 80 - 110cm 100 - 140cm 130 - 170cm | drops/ml 5 drops / 1100ml 5 drops / 1100ml 6 drops / 1400ml 7 drops / 1400ml 7 drops / 1900ml 7 drops / 1900ml 7 drops / 1900ml 8 drops / 2400ml 8 drops / 2400ml 8 drops / 2600ml | All | |
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To choose the appropriate brief; measure (using centimeters) the client around the hips and then considerate absorbency category.

To identify the brief, look on the outside of the brief for the coloured lines and the code (e.g., L3). The colour lines are a quick visual of the size of the pad (e.g., green for large). The code (e.g., L3) also provides the size (e.g., 'L' for Large and the number '3" indicates the absorbency category of 'ultra-heavy overnight').

A brief that is not sized properly or applied incorrectly will be uncomfortable to wear, may cause friction when walking and may not contain the urine or feces causing a leak.





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| Clearse the skin with an agency approved skin clearser and pat dry. Apply a light layer of a silicone/dimethicone skin protectant (e.g., Apply a light layer of a silicone/dimethicone skin protectant to the brief Skin protectants e.g., silicone, zinc or petroleum-based Products when in contact with the brief's ability to absorburine at the time of the void. Incorrect positioning of the pleats or cuffs can cause the brief to leak or a pressure injury in the groin to develop. See video for unassisted-standing application; same principles of application are to be used for when brief is applied with assistance in either a standing or lying position. See video for unassisted-standing application; same principles of application are to be used for when brief is applied with assistance in either a standing or lying position. Change Frequency When the brief reaches its saturation point, it can no longer pull the urine. Into its core, leaving the client's skin exposed to urine. This contact may increase the risk for incontinence Associated Dermatitis (IAD) and sacral-coccyx pressure Injury. Change the brief following a bowel movement. If IAD is noted, follow the IAD interventions as per the Adult Skin Care Protocol With each brief change, cleanse and dry the skin. Assess the perineal/ buttock area for signs of IAD; reddened/darkened skin with or without skin DreakdOwn. If IAD does develop, a different continence containment system must be used for the client. Protect Outcome If IAD does develop, a different continence containence containment system must be used for the client. | Application Directions | Key Points/Rationale | |
|--|---|---|--|
| comfortably at the waist. Gently pull the skin of each inner thigh downward and away from the perineal area to position the inner pleats/cuffs correctly; ensure pleat/cuff is not tucked in.the brief to leak or a pressure injury in the groin to develop.See video for unassisted-standing a pplication; same principles of application are to be used for when brief is applied with assistance in either a standing or lying position.See video for unassisted-standing a pplication; same principles of application are to be used for when brief is applied with assistance in either a standing or lying position.Change FrequencyWhen the brief reaches its saturation point, it can no longer pull the urine into its core, leaving the client's skin exposed to urine. This contact may increase the risk for Incontinence Associated Dermatitis (IAD) and sacral-coccyx pressure Injury.Change the brief following a bowel movement.If IAD is noted, follow the IAD interventions as per the Adult Skin Care ProtocolWith each brief change, cleanse and dry the skin. Assess the perineal/ buttock area for signs of IAD; reddened/darkened skin with or without skin breakdown.If IAD des develop, a different continence containment system must be used for the client.The pull-up brief will contain both a urine and fecal episode. Client will not develop Incontinence Associated Dermatitis (IAD) and a sacral-coccyx Pressure Injury related to IAD.If IAD des develop, a different continence containment system must be used for the client. | Apply a <u>light</u> layer of a silicone/dimethicone skin protectant (e.g., <u>Remedy Hydraguard</u>). Do not apply the skin protectant to the brief | products when in contact with the brief's top layer may slow down the brief's a bility to a bsorb urine at the time | |
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| For further information, please contact your NSWOC or NCA. | | | |