Created by the British Columbia Provincial Nursing Skin & Wound Committee in collaboration with the Wound Clinicians from









## HEALTH CARE How you want to be treat

## **Skin and Wound Product Information Sheet**

Aquacel Extra		
Classification	Filler: Hydrofiber	
Key Points	<ul> <li>Two layers of sodium carboxymethyl-cellulose fibrous sheets stitched together for extra absorbency and strength when saturated</li> <li>Conformable, highly absorbent and transforms to a soft gel pad in contact with moisture</li> </ul>	
Indications	<ul> <li>For wounds with moderate to large amounts of exudate</li> <li>May be used for dry wounds if pre-moisten before use</li> </ul>	
Precautions	• N/A	
Contraindications	• Do not use for client with known sensitivity sodium or allergy to sodium carboxymethlycellulose	
Formats & Sizes	<ul> <li>Sheet <ul> <li>5 x 5 cm</li> <li>10 x 10 cm</li> <li>15 x 15 cm</li> </ul> </li> <li>Ribbon <ul> <li>1 x 45 cm</li> <li>2 x 45 cm</li> </ul> </li> </ul>	
Ар	plication Directions	Rationale
Cleanse/irrigate wound with sterile normal saline or agency		Reduces wound debris and allows for adhesion of
approved wound cleanser; dry peri-wound skin.		dressing or tape.
If required, apply skin barrier if needed.		To protect the peri-wound skin from maceration and to improve the adhesion of the dressing or tape.
To Apply		
Dressing may be cut but should overlap by 1 cm onto the peri- wound skin. Cut ribbon to the desired length; <b>do not</b> cut the ribbon into a smaller width.		Overlapping allows for shrinkage of product as it absorbs exudate and prevents areas of the wound from being exposed during movement.
Apply dry Aquacel Extra sheet directly on the wound bed. If using multiple sheets, ensure overlapping by at least 1 cm on all sheet edges. Aquacel Extra may be layered for highly exudating wounds.		Cutting the ribbon into a smaller width diminishes its tensile strength.
For packing: lightly pack one piece (where possible) of ribbon into cavity, undermining or sinus tract. Leave a tail of the ribbon so that it can easily be seen.		Over-packing undermining or sinus tracts can lead to tissue necrosis. The tail will facilitate the removal of packing.
Apply appropriate cover dressing to maintain a moisture-		The choice of cover dressing is depended upon the
balanced wound environment.		amount of exudate expected.
To Remove		
Aquacel Extra will have turned to a gel and have taken on the colour of the exudate. Using forceps, remove Aquacel Extra in one piece and cleanse wound bed to ensure residual gel is removed.		The dressing will have formed a non-adherent gel which assists with less painful dressing changes. If the Aquacel Extra is adhered to wound bed, reassess the choice of cover dressing.
Frequency of Change		
Will depend upon the amount of exudate. Can be left for up to 7 days.		
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Expected Outcome		
	ith no peri-wound skin maceration.	