



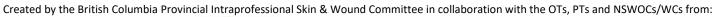
## \* island health northern health Interior Health

## **Skin and Wound Product Information Sheet**

Vancouver CoastalHealth Promoting wellness, Ensuring over

Providence

Body Supporter								
Classification	Positioning Device							
Key Points	<ul> <li>Light-weight positioning device with washable cover.</li> <li>Dry sterilized, inert buckwheat hulls conform to maximize pressure distribution and comfort.</li> </ul>							
Indications	<ul> <li>To be used in conjunction with a turning schedule based on the person's level of risk and tolerance e.g. q2hrs; can be used with pillows or as an alternative to pillows:         <ul> <li>To support the individual in a side lying position while in bed to prevent pressure injuries or as an intervention to assist with healing of existing pressure injury.</li> <li>To support healing of existing pressure ulcers while in bed by off-loading it</li> <li>May be preferable to a positioning wedge for clients who have bony deformities as the buckwheat bolster will conform to accommodate these bony prominences.</li> </ul> </li> </ul>							
Precautions	<ul> <li>When using the bags zippered together ensure that the zipper is positioned away from the client's skin</li> <li>Do not use alcohol to clean the bolster</li> <li>The buckwheat hulls within the bag must never be in contact with water or body fluids – if this should occur, the bag needs to be discarded.</li> </ul>							
Contraindications	Do not use alcohol to clean bolster							
Formats & Sizes	<ul> <li>Bolster <ul> <li>Single 25"x 8" bag</li> <li>Pair (2) 25"x 8" bag (can be zippered together)</li> </ul> </li> <li>Replacement cotton covers, middle linings and buckwheat hulls are available</li> </ul>							
Ар	plication Directions	Rationale						
Choose the appropriately sized bolster for the client.		The buckwheat in the bolster conforms to client's body to comfortably support a side lying position.						
To Apply								
Ensure that the bed he the bed is completely f	ight is at the appropriate height and that lat.	To ensure correct body mechanics throughout the positioning of the client.						
	e position with either the knees bend n the bed or with the client's top foot	To increase leverage for easier turning of the client.						
sheet.	ne side using the repositioning sling or							
Avoid rolling client onto a pressure ulcer. Place the bolster behind the client's back so that the client is positioned 30 degrees from supine position. Smooth bolster cover to avoid wrinkles. Due to the buckwheat filler, the bolster stays in place when the client's body relaxes into the bolster.								
Daily Client Care								
With each repositionin client's pressure points	g change (e.g. every 2 hours), check s for signs of skin breakdown.	To minimize risk of skin breakdown						
Cleansing the Device								
or between clients, rer	clean the bolster. To clean when soiled nove outer dark blue cover and the ;; label pieces for return to the	For infection control and to prolong product life.						



First Notions Health Authority Health through veriness	nterior Health	island health	northern health	Provincial Health Services Authority Province-wide solutions. Better health.	Vancouver CoastalHeatth Promoting wellness Ensuring care	HEALTH CARE HOW YOU WANT to be treated.		
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Wash in a commercial washer at 72°C with a pH level between 10.2 -10.5. Air drying is preferred; if using a dryer, do not exceed 175°C, use medium heat.			n					
The buckwheat hulls must never be body fluids. If this occurs, discard th buckwheat hulls which can be order								
Expected Outcome								
Client's position is maintained.								
Client does not develop a pressure ulcer.								
Existing pressure ulcer heals.								
For further information, please contact your Occupational Therapist, Physiotherapist or NSWOC/Wound Clinician.								