



## Education Requirements & Competencies

### Curved Tipped Urethral Catheter Insertion & Removal

### Competency Checklist

#### Document Indication for Use

This document establishes the educational requirements, as per Health Authority, for nurses who take on the responsibility for insertion and removal of an adult's curved tipped, also known as coude, urethral catheter. There are different types of curved tipped urethral catheter but the principles for insertion and removal are the same.

#### Practice Level

##### **British Columbia:**

Nurses may insert and remove a sterile urinary catheter, either indwelling or intermittent 'in&out':

- When the practice is supported for their designation:
  - By [BCCNM](#)'s scope of practice and any limits and conditions.
  - By their Health Authority (HA)/agency's organizational policies/standards.
- Within their individual competency to perform the activity.

##### **Registered Nurse (RN):**

- Entry-level skill: straight-tipped and curved-tipped catheter.

##### **Registered Psychiatric Nurse (RPN):**

- Entry-level skill: straight-tipped and curved-tipped catheter.

##### **Licensed Practical Nurse (LPN):**

- Entry-level skill: straight-tipped catheter.
- With a client-specific order and additional education: curved-tipped catheter.

##### **Yukon:**

- RNs, RPNs and LPNs, refer to organizational policies and practice in accordance with regulatory bodies.

#### Prerequisites

Competency in inserting and removing a urethral straight-tip catheter.

#### Learning Plan

The [learning plan](#) consists of activities to assist in knowledge acquisition and skill development in how to insert and remove a curved tipped/coude urethral catheter. It also identifies resources to support the learning activities.

#### Competency Checklist

The checklist consists of both verbalization of theory and demonstration of skill to show competency related to the insertion/removal of curved tipped/coude urethral catheter. The use of the Competency Checklist is as per health authority/agency.

#### Definitions

Competency: The integration and application of knowledge, skills and judgment required for safe and appropriate performance in an individual's practice.

Nurse Mentor: A Clinical Nurse Educator, NSWOC, NCA or a designated nurse (RN, RPN, LPN) competent in the skill being learnt.

**References**

British Columbia College of Nurses and Midwives. (July 2024). *Scope of Practice*.

RN [https://www.bccnm.ca/Documents/standards\\_practice/rn/RN\\_ScopeofPractice.pdf](https://www.bccnm.ca/Documents/standards_practice/rn/RN_ScopeofPractice.pdf)

RPN [https://www.bccnm.ca/Documents/standards\\_practice/rpn/RPN\\_ScopeofPractice.pdf](https://www.bccnm.ca/Documents/standards_practice/rpn/RPN_ScopeofPractice.pdf)

LPN [https://www.bccnm.ca/Documents/standards\\_practice/lpn/LPN\\_ScopeOfPractice.pdf](https://www.bccnm.ca/Documents/standards_practice/lpn/LPN_ScopeOfPractice.pdf)

**Document Creation/Review**

Created By:	British Columbia Provincial Nursing Continenence Committee and NCAs/ NSWOCs from across all Health Authorities.
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## Curved Tipped Urethral Catheter Insertion & Removal Competency Checklist

	Date Met	Mentor's Initials
<b>Knowledge</b>		
1. Describe which medical urological conditions would benefit from the use of a curved tipped/coude urethral catheter.		
2. Describes how a curved catheter should be inserted and removed.		
3. Describes what signs and symptoms to monitor for post-insertion and what action to take in the event of a concern.		
4. Describes what signs and symptoms to monitor for post-removal and what action to take in the event of a concern.		
<b>Skills Demonstration</b>		
<b>Insertion</b>		
1. Checks order, indication for curved tipped catheter, previous catheterization		
2. Ascertains client's verbal consent (if possible) for procedure.		
3. Gathers appropriate supplies.		
4. Ensures client is comfortable both physically and mentally.		
5. Sets up a safe workspace appropriate for the care activity.		
5. Ensures client is appropriately positioned for the procedure.		
6. Cleanses the peri-area appropriately.		
7. Prepares the sterile work field appropriately.		
8. Prepares the new curved tipped/coude catheter correctly.		
9. Cleanses the urethral meatus correctly.		
10. Assesses the urethral meatus for any concerns.		
11. Positions the curved catheter correctly for insertion.		
12. Inserts the curved tipped catheter correctly.		
13. Secures the catheter & drainage bag (if being used) appropriately.		
14. Cleans up the workspace and ensures client's comfort.		
15. Documents care provided appropriately.		
<b>Removal</b>		
1. Sets up a safe workspace appropriate for the care activity.		
2. Ensures client is comfortable and appropriately positioned for the procedure.		
3. Cleanses the peri-area appropriately.		
4. Prepares the catheter for removal appropriately.		
5. Removes the curved tipped catheter correctly.		
6. If needed, checks the catheter for encrustations appropriately.		
7. Cleans up the workspace and ensure client's comfort.		
8. Documents care provided appropriately.		

**Learner**

Print Name \_\_\_\_\_ Signature \_\_\_\_\_

**Nurse Mentor** (to be signed-off as per HA/agency process)

Print Name \_\_\_\_\_ Signature \_\_\_\_\_ Initials \_\_\_\_\_

**Learning Plan for Unmet Skill(s)**