Created by the British Columbia Provincial Nursing Skin and Wound Committee in collaboration with the Wound Clinicians from



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Skin and Wound Product Information Sheet

InterDry		
Classification Transfer Sheet: Skin		
Key Points	 Knitted polyester fabric sheet impregnated with silver which reduces skin-to-skin friction, wicks moisture from skin surface, manages odour and provides antimicrobial action for up to 5 days. Sheet is imprinted with 5x5cm (2x2in) grid pattern to assist with selecting the correct size of fabric. 	
Indications	 For the prevention and management of intertrigo (where skin touches skin, creating moisture and friction which causes redness, itching, burning, odour and/or maceration) e.g., groin, abdomen, axilla, toes, fingers, buttock. May be used to provide comfort for the client with a radiation skin reaction. May be used under devices such as compression wraps, braces, or splints. May be used for moisture management of denuded skin. 	
Precautions	 Product is not to be washed. Always leave at least 5cm (2in) of the sheet outside of the skin fold. If area is to be moisturized, ensure that it is dry before applying the sheet. 	
Contraindications	 Do not use for clients with known sensitivity or allergy to silver. Do not use as a cover for creams, pastes, powders, or ointments. Do not use for wounds. 	
Formats & Sizes	 Roll 25 x 366 cm (roll) Package 25 x 92 cm 	
Application Directions		Rationale
Sheet comes perforated but may be cut in whichever		
direction needed for a good fit in the skin fold or area.		
 Application - Day 1 For Skin Folds: Cleanse skin folds with no-rinse cleanser. Pat dry. Cut a length of sheet to fit the fold, add an additional 5cm (2in) or more to create a 'tail'. Lay the sheet into the base of the skin fold, smooth it into the skin fold to remove any creases. Secure sheet into place as appropriate. Write the current date on the exposed piece of fabric. 		The 'tails' need to be exposed to air to allows for wicking and evaporation of moisture.
 For Radiation Skin Reaction: Cleanse and moisturize the skin area as directed by Oncology Radiation care team. Ensure that the area is dry. Cut a length of sheet to cover the affected area. Lay the sheet over the area, smooth to remove creases. Secure the sheet into place as appropriate. Write the current date the sheet. 		
Application – Days 2, 3, 4 Remove the InterDry sheet daily and cleanse the skin with		Cleanse and inspect skip daily to monitor healing
cleanser e.g., no-rinse; pat dry. Assess skin condition. Reposition same sheet as above.		Cleanse and inspect skin daily to monitor healing. Single piece can be re-used unless soiled with urine, feces,
Application – Day 5		or excessive perspiration.
Discard the sheet and apply new sheet, if needed.		
Expected Outcome		
Intertrigo is prevented or if present, resolved within 2 weeks.		
Radiation Skin Reaction discomfort is minimized.		
For further information, please contact your Wound Clinician.		
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