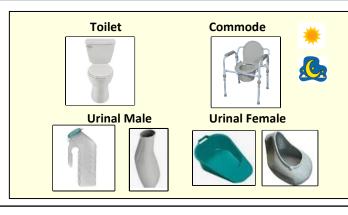
## **Long Term Care Continence Support & Management Product Selection Guide**

This document is to guide the development of a person-centered continence care plan based upon the resident/person-in-care's cognition, physical capability & <u>usual</u> urinary/fecal continence pattern which will support the resident/person-in-care's quality of life, dignity, independence, preference, as well as, use of minimal product.

If there is a change to the resident/person-in-care's usual continence pattern, then re-assessment is required.

Is the resident/person-in-care cognitively & physically able to participate in their care plan for both day & night?

Braden Risk Moisture Sub-Scale Score = 4, 3 or 2 Nurse to Consider



& if

Protective Pad to be worn with resident/person-in-care's underwear



For containment of dribbles or small amounts of urine loss or fecal leakage. Resident may choose a higher level of absorbency or different product for night-time.



Female or Male



Male

Indicate if a pad is needed (use the smallest pad to meet absorbency need).

For the ADL Sheet &/or

**Continence Management Plan** 

Indicate resident/person-in-care's

continence schedule.

Indicate toileting method, and

whether resident/person-in-care is independent or needs prompting.

Is the resident/person-in-care cognitively not able to participate, but is physically able to participate in their care plan during the day?

Braden Risk
Moisture Sub-Scale
Score = 4, 3 or 2

Nurse to Consider



&



**Incontinence Pad** 

with Knit Pant

Containment when unable to hold urine when urge felt.

Pull-Up

Brief



Male Condom



or

Choose a night-time brief (tabbed or belted) or male external catheter or urine pouch (see below).

For the ADL Sheet &/or Continence Management Plan

Indicate when resident/person-in-care is to be prompted/changed.

Indicate which product for day and night.

Is the
resident/person-in-care
not cognitively &/or
physically able to
participate in their care
plan for
either day or night?

Braden Risk Moisture Sub-Scale Score = 1 Nurse to Consider



Penile Wrap

Male only



One of these with a disposable linen protector





Tabbed Brief

or

Only

Containment for uncontrolled bladder/bowel.

or



or On On

uncontrolled bladder/ bowel & for those with contractures &/or behavioral concern.

**Belted Brief** 



For the ADL Sheet &/or Continence Management Plan

Indicate resident/person-in-care's change schedule.

For brief, indicate a day & night brief if different brief needed

If condom/pouch/wrap, indicate the size to be used if needed.

## 2025 October British Columbia Provincial Nursing Continence Committee