



## Skin and Wound Product Information Sheet

<b>MediHoney Antimicrobial Medical Honey</b>	
<b>Classification</b>	<b>Antimicrobial: Honey</b>
<b>Key Points</b>	<ul style="list-style-type: none"> <li>• A topical preparation of 100% Medical Grade Manuka honey (Active Leptospermum) Honey</li> <li>• Effective broad-spectrum antimicrobial effect due to low pH (3.5-4.5)</li> <li>• High osmotic activity assists with debridement of necrotic tissue and slough</li> <li>• Also provides an anti-inflammatory effect and immune stimulation</li> <li>• May be used for clients with diabetes as the honey does not interfere with blood sugar levels</li> </ul>
<b>Indications</b>	<ul style="list-style-type: none"> <li>• For wounds which show signs and symptoms(S&amp;S) of local wound infection</li> <li>• For wounds with necrotic tissue/slough and needing autolytic debridement</li> <li>• For wounds with small amount of exudate</li> </ul>
<b>Precautions</b>	<ul style="list-style-type: none"> <li>• Low pH may cause transient stinging; if stinging persists after 30 minutes of taking an analgesic then cleanse gel from the wound and dressing with another product</li> <li>• When used for heavily exuding wounds as the gel, due to its osmotic effect, may add additional volume to the exudate resulting in the need for increased dressing changes</li> </ul>
<b>Contraindications</b>	<ul style="list-style-type: none"> <li>• Do not use for clients with known sensitivity or allergy to honey</li> </ul>
<b>Formats &amp; Sizes</b>	<ul style="list-style-type: none"> <li>• Tube                             <ul style="list-style-type: none"> <li>▪ 20g</li> <li>▪ 50g</li> </ul> </li> </ul> <div style="text-align: center; margin-top: 10px;">  </div>
Application Directions	Rationale
Cleanse wound/peri-wound skin with sterile normal saline or agency approved wound cleanser; dry peri-wound skin.	Reduces wound debris and allows for adhesion of dressing or tape.
If required, apply skin barrier to peri-wound skin.	To protect the peri-wound skin from maceration as exudate may initially increase and to improve the adhesion of the dressing or tape.
To Apply	
Label with client's name and date tube was opened. Remove cap and sterile seal.	Product is single-client use. Discard product when wound has healed/closed or is no longer indicated. Use within 4 months of opening.
Apply directly to wound bed or onto primary dressing; do not put the nozzle in contact with the wound bed or dressing. Apply at least 3mm thick; a thicker layer may be needed if there is sufficient wound exudate to wash away the honey.	Honey will liquefy at body temperature and sufficient honey must be maintained for full therapeutic effect.
Ensure gel/primary dressing is in full contact with wound bed.	Sufficient honey should be in full contact with the visible and non-visible wound bed to be effective.
For packing: 'butter' packing ribbon with honey; lightly pack one piece (where possible) of ribbon into cavity, undermining or sinus tract. Leave a tail of the ribbon so that it can easily be seen.	Over-packing undermining or sinus tracts can lead to tissue necrosis. The tail will facilitate the removal of packing.
Apply appropriate cover dressing to maintain a moisture-balanced wound environment.	The choice of cover dressing is depended upon the amount of exudate expected.
To Remove	
If primary dressing adheres to the wound bed then flush with sterile normal saline to loosen dressing.	To avoid trauma to the wound bed.



## Skin and Wound Product Information Sheet

<b>Frequency of Dressing Change</b>	
Change will depend upon the amount of exudate. Product is effective up to 7 days as long as sufficient honey remains in contact with the wound bed and is not diluted / washed away by the exudate.	Ensure sufficient amount of honey is maintained for full therapeutic effect.
<b>Expected Outcome</b>	
S&S of local wound infection are resolved within 2 weeks. &/or Wound bed is debrided of necrotic tissue within 2 weeks.	
<b>For further information, please contact your Wound Clinician.</b>	