



Product Information Sheet


Mepilex Border Flex Lite	
Classification	Cover Dressing: Silicone Foam
Key Points	<ul style="list-style-type: none"> Thin dressing with a Safetac® wound contact layer and border, a foam core and a highly breathable bacterial/viral proof outer layer. The Safetac® layer and border supports a traumatic dressing removal. Dressing has 360° flex technology which ensures conformability to body contours. Dressing is showerproof. Can be used as a primary or secondary dressing.
Indications	<ul style="list-style-type: none"> For wounds: <ul style="list-style-type: none"> With scant to small amount of exudate. With fragile or friable wound bed and/or fragile periwound skin. Which have closed and are needing protection. Requiring compression therapy.
Precautions	<ul style="list-style-type: none"> Consult with Physician/NP/Wound Clinician prior to using foam dressing (of any kind) on ischemic lower legs/feet. Bordered dressing should not be cut.
Contraindications	<ul style="list-style-type: none"> Do not use skin barrier films as they will prevent the dressing from adhering properly. Do not use on dry wounds. Do not use if redness or sensitivity occur. Do not use with oxidising agents such as hypochlorite solutions or hydrogen peroxide.
Formats & Sizes	<ul style="list-style-type: none"> Bordered Dressing: <ul style="list-style-type: none"> 4 x 5cm 5 x 12.5cm 7.5 x 7.5cm 10 x 10cm 15 x 15cm



Directions	Rationale / Key Points
Selection	
<p>Choose a dressing size that will ensure the pad portion of the dressing extends at least 2cm beyond the wound edge.</p> <p>Dressing should not be cut.</p> <p>For a wound with depth, choose appropriate wound filler for exudate expected and the anticipated frequency of dressing change.</p>	<p>Incorrect sizing will adversely affect the dressing absorption functionality.</p>
Preparation	
<p>Cleanse wound and periwound / surrounding skin with sterile normal saline or agency approved wound cleanser.</p> <p>Dry periwound / surrounding skin.</p> <p>Do not apply skin barrier film to periwound skin.</p>	<p>See Wound Cleansing Procedure or QR Code below.</p> <p>Skin barrier films interferes with the silicone adhesive of the dressing to the periwound skin.</p>
Application	
<p>For a wound with depth; fill the dead space with appropriate wound filler.</p> <p>Remove the two backings sheets from the dressing.</p> <p>Place dressing directly over the center of the wound; ensure the white side is applied to the wound. Do not stretch the border.</p> <p>Using fingers, apply gentle pressure along the border to assist with dressing adhesion.</p>	<p>Needs to be in contact with the wound to be most effective.</p>



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Directions	Rationale / Key Points
Removal	
Gently lift the border to remove the dressing.	To minimize trauma to the periwound skin.
Frequency of Dressing Change	
Change when exudate extends to within 2cm of the edge of the dressing. Can be left for up to 7 days.	Dressing change frequency is dependent on amount of wound exudate. The absorbed exudate is clearly visible through the film backing of the dressing.
Expected Outcomes	
Exudate is managed with no periwound maceration. Product performs as expected.	If product does not perform as expected, notify NSWOC/Wound Clinician and consider submitting a Supply Chain Product Concern Form .
QR Codes	
 <p>Wound Cleansing</p>	
For further information please contact NSWOC/Wound Clinician	