



Skin and Wound Product Information Sheet

Mepilex Border Post-Op	
Classification	Surgical Cover Dressing: Composite
Key Points	<ul style="list-style-type: none"> A multilayer, absorbent, vapour-permeable wide bordered dressing with a silicone contact layer and a top layer of a polyurethane film; has a viscose/polyester flex cut-pad which contains super-absorbent fibers and allows for multi-directional stretching; bacterial/viral proof Silicone contact layer minimizes peri-incisional blistering, and allows dressing to be safely removed without pulling on staples/sutures Dressing is showerproof Dressing sizes manage different volumes of exudate (serous or blood); sizes 10x20cm and larger can manage large amounts of exudate
Indications	<ul style="list-style-type: none"> For post-op surgical incision with small to moderate amounts of exudate (serous or blood)
Precautions	<ul style="list-style-type: none"> Do not use skin barriers/sealants as they will prevent dressing from adhering properly When using Mepilex dressings with oxidising agents such as sodium hypochlorite, hypochlorous acid or hydrogen peroxide, ensure that the peri-wound skin is thoroughly dry before applying the dressing
Contraindications	<ul style="list-style-type: none"> Do not use skin barriers/sealants as they will prevent the dressing from adhering properly Do not use on untreated clinically-infected wounds
Formats & Sizes	<ul style="list-style-type: none"> Border dressing <ul style="list-style-type: none"> 6 x 8 cm 9 x 10 cm 9 x 15 cm 10 x 20 cm 10 x 25 cm 10 x 30 cm 10 x 35 cm <div style="text-align: right; margin-top: 10px;">  </div>
Application Directions	Rationale
<p>Cleanse incision and peri-incision skin with sterile normal saline or agency approved wound cleanser; dry peri-incisional skin.</p> <p>If a sodium hypochlorite or hypochlorous acid cleanser was used, ensure that the peri-wound skin is thoroughly dry before apply the dressing.</p>	<p>Reduces wound debris and allows for adhesion of dressing or tape.</p> <p>To avoid irritation to the peri-wound skin.</p>
To Apply	
<p>If applying to an incision over a joint e.g. a knee, bend the joint to 30° prior to applying the dressing.</p> <p>Use the three-part release system (middle, smaller and larger release films) to remove the backing of the dressing:</p> <ul style="list-style-type: none"> Remove the middle part of the release film and apply to appropriate section of the incision line Slowly remove the larger release film and apply the dressing to the incision area as the release film is removed Repeat with the smaller release film <p>Smooth the dressing border over the peri-incisional area to obtain good adhesion.</p>	<p>To ensure that joint can be flexed once dressing is on.</p>
To Remove	
<p>Gently lift the border of the dressing.</p>	<p>To minimize trauma to the peri-incisional skin.</p>
Frequency of Dressing Change	
<p>Will depend upon the amount of exudate. Dressing should be changed when it is 80% saturated. May be left in place for up to 7 days.</p>	



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Expected Outcome	
Incisional exudate (serous & blood) is managed.	
Peri-incisional skin does not become macerated.	
For further information, please contact your NSWOC/Wound Clinician.	