is Health Authority Health through verlines	orthern health	1 ,	Name:					
Therein services Authority Vancouver Providence Yukor								
HEALTH CARE	1	PHN:						
POST-OP OSTOMY TEACHING RECORD								
OSTOMY TEA	CHING	G REC	ORD					
Ostomy care to be done at home by: Patient Far Comments:	nily		□ Careg	jiver				
Resources: (write in name of resources e.g. Vendor-related)								
Booklets, Videos, Tip Sheets, etc. Ostomy Visitor Offered: □ Accepted □ Declined □ Not Ava	ilable							
S	kills							
Who is the learner: Patient Granity Caregiver							<u> </u>	
Skills Legend for Action: O = Observed Nurse P = Par Year: Date	ticipate	d w Nur I	se NP	= Needs	Practice	e I=In	Idepende	ent I
Time								
For discharge, must to be able to empty pouch. If Community follow-up * not readily available, must be able to remove/reapply pouching system	Action	Action	Action	Action	Action	Action	Action	Acti
as per Management Plan Viewed the stoma								
*Emptying pouch: opening/closing drainable pouch (if applicable)								
*Emptying pouch: removing/replacing closed pouch (if applicable)								
Removing/applying 1-piece pouch system (if applicable)								
Removing/applying 2-piece pouch system (if applicable)								
Cleansing the peristomal skin								
Measuring the stoma								
Cutting the flange								
Applying ostomy accessories as per Management Plan								
Attaching secondary urine drainage system (urostomy only)								
Measuring output (ileostomy only)								
Other								
See Narrative Note								
Nurse's Initials								
	wledg				1			
* For discharge, patient/family needs to this knowledge	Discussed \checkmark		With Whom		Date Done		Date Reinforce	
Identify and manage peri-stomal skin concerns								
*Maintain fluid balance/prevent dehydration								
Diet modifications								
Ileostomy only – managing high output								
Ileostomy only – managing an obstruction Prevention of a parastomal hernia (lifting, exercise)								
Sexual Heath								
Lifestyle modifications								
Ostomy Benefit Programs (/Pharmacare, Disability Tax Credit)								
*Order supplies (see BC or Yukon Ostomy Suppliers List)								
*When/how to call for NSWOC/Ostomy Support								
*Follow-up appointment with Surgeon, GP/NP, NSWOC								
See Narrative Note								
Nurse's Initials								

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island health

Yukon

Northern health

Client Name:

PHN: _____

Provincial Health

Vancouver A	Providence								
POST-OP OSTOMY TEACHING RECORD									

	skills							
Who is the learner: Patient Family Caregiver	(1 - 1 4		ND	- Ne e de	Duration	1 - I		
Skills Legend for Action: O = Observed Nurse P = Participated w Nurse NP = Needs Practice I = Independent							nt	
Year: Date								
For discharge, must to be able to empty pouch. If Community follow-up								
* not readily available, must be able to remove/reapply pouching system as per Management Plan	Action	Action	Action	Action	Action	Action	Action	Action
Viewed the stoma								
*Emptying pouch: opening/closing drainable pouch (if applicable)								
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Nurse's Initials								
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