







## Adult Skin Care Protocol Additional Products

## Wound Care Protocol

Please refer to the individual Product Information Sheets for addition information.

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Advanced Moisturizer Urea 10% AHA 4%	Skin Fold Gauze - PHMB	Skin Fold Textile/Cloth – H <sub>2</sub> O <sub>2</sub>	Hydrophilic Wound Dressing
<p><b>Atrac-Tain Cream</b></p> 	<p><b>AMD/PHMB Gauze</b></p> 	<p><b>DriGo-HP</b></p> 	<p><b>Triad</b></p> 
<p><b>Indications:</b></p> <ul style="list-style-type: none"> <li>• Treatment of extremely dry skin; especially on lower legs/feet &amp; for clients with diabetes or renal failure.</li> <li>• AHA is effective for removing flakey skin which allows Urea moisturizer to penetrate the skin.</li> <li>• Not indicated as a basic skin moisturizer unless there is a client specific order.</li> <li>• Ensure a care plan is in place; developed by the NSWOC/RN/RPN as per PISheet.</li> </ul>	<p><b>Indications:</b></p> <ul style="list-style-type: none"> <li>• Prevention &amp; treatment of intertrigo/moisture in skin folds, finger/toe web spaces and hands with contractures.</li> </ul>	<p><b>Indications:</b></p> <ul style="list-style-type: none"> <li>• Prevention &amp; treatment of intertrigo, (e.g., moisture in skin folds, finger/toe web spaces or hand contractures).</li> </ul>	<p><b>Caution: Product is not a skin barrier cream.</b></p> <p><b>Indications:</b></p> <ul style="list-style-type: none"> <li>• Triad is a zinc-based paste dressing for open, moist or weeping areas; when left open to air it dries to provide a cover-like dressing.</li> <li>• Application of the dressing paste may be delegated as per health authority/agency policy to a care aide, home support worker). <b>A wound treatment plan must be in place and the RN/RPN/LPN must do the initial application.</b></li> </ul>
<p><b>Application:</b></p> <ul style="list-style-type: none"> <li>• Cleanse to remove any loosened dead skin. Pat dry to remove excess moisture but leave skin slightly damp.</li> <li>• Spread/gently rub cream over skin until cream is absorbed.</li> </ul> <p><b>Caution:</b></p> <ul style="list-style-type: none"> <li>• Do not apply between toes.</li> <li>• May sting if applied to irritated/broken skin.</li> <li>• Test cream on a small area to assess client's tolerance prior to applying to large area(s).</li> </ul>	<p><b>Application:</b></p> <ul style="list-style-type: none"> <li>• Cleanse area; pat dry.</li> <li>• <b>Skin Folds</b> – cut a sufficient length/width of gauze to ensure it is in contact with all skin within skin fold (not just base of fold).</li> <li>• <b>Toes or Fingers</b> – weave ribbon between toes/ fingers. <b>Do not completely wrap</b> the digit as this may cut off the blood flow.</li> </ul> <p><b>Caution:</b> Do not use with creams, ointments, powders, sprays, petrolatum-based products or antifungals products, (e.g., Clotrimazole).</p>	<p><b>Application:</b></p> <ul style="list-style-type: none"> <li>• Sheet may be cut to fit the area; either lengthwise or widthwise.</li> </ul> <p><b>Day 1:</b></p> <ul style="list-style-type: none"> <li>• Cleanse area; pat dry.</li> <li>• Lay a <u>single</u> layer of the sheet into base of skin fold. Smooth down. Ensure <b>5cm</b> of sheet is outside the skin fold and exposed to air to allow for wicking of moisture out of the fold.</li> <li>• Write date on exposed sheet. Secure PRN.</li> </ul> <p><b>Days 2, 3, 4, 5:</b></p> <ul style="list-style-type: none"> <li>• Remove sheet daily, cleanse skin, pat dry.</li> <li>• Reposition same piece as described above.</li> </ul> <p>Note: If needed, may be used with antifungals products, (e.g., creams, powders).</p>	<p><b>Application:</b></p> <ul style="list-style-type: none"> <li>• Use a sterile applicator to apply Triad to the wound bed and 2.5cm of the peri-wound skin.</li> <li>• Application should be done in <u>one direction only</u> and to a thickness of 3mm such that the wound/periwound is <u>not visible through the cream</u>.</li> </ul> <p><b>Caution:</b></p> <ul style="list-style-type: none"> <li>• Triad can be washed off if in contact with fluid, (e.g., urine), reapply if needed.</li> </ul>
<p><b>Frequency of Use:</b> Twice a day.</p> <p><b>Stop</b> using cream when all the dead skin is removed. Use a basic moisturizer to maintain healthy skin.</p>	<p><b>Frequency of change:</b> Change at least daily or whenever soiled or damp.</p>	<p><b>Frequency of change:</b> Assess daily. Change sheet on Day 5 or earlier depending upon the condition of the skin, soiling of the fabric, the amount of moisture and/or odour.</p>	<p><b>Frequency of change:</b> as per care plan.</p> <ul style="list-style-type: none"> <li>• Apply a sterile normal saline compress to wound area to soften the paste; leave in place 2-3 minutes then wipe off top layers. DO NOT rub.</li> <li>• Repeat as needed to remove all the cream, (e.g., in prep for doing a Full Wound Assessment).</li> <li>• See PISheet for other removal methods.</li> </ul>

**IAD - Incontinence Associated Dermatitis**

**MASD - Moisture Associated Skin Damage**

**Intertrigo - dry, itchy, moist skin in skin folds**

**All tubes and bottles are single-client use only; must be labelled with the patient/client/resident's name and the date when opened.**