



Education Requirements & Competencies

Suprapubic Catheter Removal & Insertion

Competency Checklist

Document Indication for Use

This document establishes the requirement and competencies for all nurses responsible for removal and insertion of an adult's established suprapubic catheter.

Practice Level

British Columbia:

Nurses may remove & insert a urinary catheter for an established suprapubic tract:

- When the practice is supported for their designation:
 - By BCCNM's scope of practice and any limits and conditions.
 - By their Health Authority (HA)/agency's organizational policies/standards.
- Within their individual competency to perform the activity.

Registered Nurse (RN):

- Entry level skill.

Register Psychiatric Nurse (RPN):

- Entry level skill.

Licensed Practical Nurse (LPN):

- With a client-specific order.
- With additional education.

Yukon:

- RNs, RPNs and LPNs, refer to organizational policies and practice in accordance with regulatory bodies.

Prerequisites

Competency in inserting and removing a urethral indwelling catheter.

Learning Plan

The [learning plan](#) consists of activities to assist in knowledge acquisition and skill development in how to remove and remove a suprapubic catheter. It also identifies resources to support the learning activities.

Competency Checklist

The checklist consists of both verbalization of theory and demonstration of skill to show competency related to the removal and insertion of a suprapubic catheter. The use of the Competency Checklist is as per health authority/agency.

Definitions

Competency: The integration and application of knowledge, skills and judgment required for safe and appropriate performance in an individual's practice,

Nurse Mentor: A Clinical Nurse Educator, NSWOC, NCA or a designated nurse competent in the skill being learnt.

References

British Columbia College of Nurses and Midwives. (July 2024). *Scope of Practice*.

RN https://www.bccnm.ca/Documents/standards_practice/rn/RN_ScopeofPractice.pdf

RPN https://www.bccnm.ca/Documents/standards_practice/rpn/RPN_ScopeofPractice.pdf

LPN https://www.bccnm.ca/Documents/standards_practice/lpn/LPN_ScopeOfPractice.pdf

Document Creation/Review

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Review Dates(s)	



Suprapubic Catheter Insertion & Removal Competency Checklist

	Date Met	Mentor's Initials
Knowledge		
1. Verbalize the rationale for why a RN, RPN or LPN cannot change a suprapubic catheter that is 3 weeks post-surgical insertion.		
2. Verbalize why, when doing a suprapubic catheter change, it is important the removal of the old catheter and the insertion of the new one is done quickly.		
3. Describe the technique used to measure the insertion depth of the old catheter to ensure that the new catheter is inserted to the correct depth.		
4. Verbalize what techniques can be used to minimize bladder spasms.		
Skills Demonstration		
1. Reviews the chart/treatment plan for the order and specific details related to client's previous experience with SPC.		
2. Reviews the chart/treatment plan for current medication which may cause procedural bleeding.		
3. Reviews the chart/treatment plan for amount of sterile water instilled into balloon		
4. Identifies if a urine sample for C&S is needed.		
5. Explains procedure to client/family and receives verbal consent for procedure.		
6. Assesses the need for anxiety-reducing strategies and/or pain medication		
7. Gathers appropriate supplies.		
8. Sets up a safe workspace appropriate for the care activity.		
9. Ensures client's comfort with the appropriate position for the procedure.		
10. Prepares the old catheter for removal correctly.		
11. Assesses the SPC track for any hypergranulation tissue and/or erosion.		
12. Assesses for peri-tube moisture associated skin damage (MASD).		
13. Prepares the sterile work field appropriately.		
14. Removes the old catheter correctly maintaining sterility of gloved hands.		
15. Inserts the new catheter correctly.		
17. If urine for C&S needed, collects sample correctly.		
18. Stabilizes the catheter appropriately.		
19. Checks for encrustations correctly.		
20. Cleans up the work area appropriately.		
21. Documents care provided appropriately.		

Learner

Print Name _____ Signature _____

Nurse Mentor (to be signed-off as per HA/agency process)

Print Name _____ Signed _____ Initials _____

Learning Plan for Unmet Skills