

Skills Checklist for Ankle Brachial Index (ABI) Using a Handheld Doppler

Name _____ Date _____ Assessor _____

Criteria	Comments	Meets Criteria	Needs Mentoring
1. Adequately prepares the client and the environment for an ABI.			
2. If a wound or an infection is present, uses appropriate infection control measures when carrying out an ABI.			
3. Correctly places an appropriately sized blood pressure cuff over the upper and lower limbs.			
4. Is able to palpate the brachial, dorsalis pedis, posterior tibial pulses and peroneal pulses.			
5. Correctly inflates and deflates the blood pressure cuff.			
6. Uses the Doppler machine and probe correctly.			
7. Differentiates an audible signal from arterial blood flow.			
8. Once all the values are obtained, correctly calculates the client's ABI.			
9. Correctly cleans and stores the Doppler probe.			
10. Correctly documents the ABI results and the next reassessment date.			
11. Ensures that the client is comfortable before leaving.			